“Going to Speech Therapy” social narrative

CHARLOTTE SPEECH AND HEARING CENTER

Today is my first time going to speech therapy. Speech therapy helps me share my thoughts, ideas, and feelings.

“Going to Speech Therapy” social narrative

When I arrive, I wait with my parent or caregiver in the waiting room.

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My speech therapist will come to get me and walk with me to her office.

“Going to Speech Therapy” social narrative

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In speech therapy, my therapist might say a **word or sound** and ask me to try it.
I can do my best, and it’s okay if it feels hard.

“Going to Speech Therapy” social narrative

If I am having trouble talking, **that’s no problem**.
We might make silly faces, write, draw, or point to pictures to share how I feel.

“Going to Speech Therapy” social narrative

Sometimes my therapist asks me to **talk about a picture** or tell a short story.
If I feel unsure or need help, I can ask.

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When my session is finished, my therapist talks with my parent or caregiver.
I might get **home practice** to help me learn and get ready for next time.

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Speech therapy helps me grow and feel confident. I did a great job learning about speech therapy today!